

LBAT - Understanding and Responding to Behaviour: Resources and Further Information Sources.

The following resources are recommended by the Learning and Behaviour Advisory Team as helpful additional sources of information that underpin the team's training package on "Understanding and Responding to Behaviour".

Guidance Documents

Education Endowment Foundation – evidence led guidance re behaviour in schools

<https://educationendowmentfoundation.org.uk/school-themes/pupil-engagement-behaviour/>

Guidance re attachment aware approach to behaviour (Brighton and Hove)

https://www.brighton-hove.gov.uk/sites/brighton-hove.gov.uk/files/Behaviour%20Regulation%20Policy%20Guidance%20-%20Sep%2018_1.pdf

Department for Education review of behaviour in schools 2017

<https://www.gov.uk/government/publications/behaviour-in-schools>

Nurture approach in schools

<https://www.nurtureuk.org/>

Neurodiversity – considering a holistic approach to strengths and difficulties underpinning observed behaviour

<https://www.helenarkell.org.uk/courses/teaching-for-neurodiversity.php>

Online Training/clips

<https://www.futurelearn.com/>

Managing behaviour for learning

Supporting adolescent learners – social and emotional wellbeing

Youth mental health: helping young people with anxiety

<https://www.open.edu/openlearn/>

Teaching for good behaviour

<https://www.acesonlinelearning.com/>

Introduction to Trauma – Adverse Childhood Experiences

<https://www.youtube.com/user/pookyknightsmith>

Youtube channel covers managing anxiety, OCD, ASD traits amongst many others. Excellent tips re calming strategies to try and adult role, including scripts

<https://www.youtube.com/user/mindsightinstitute>

Dan Siegel channel re attachment and the physiology of the brain's emotional states. "Flipping the Lid" clips helpful for staff to understand reactions of students

| Websites: | |
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| https://pivotaleducation.com/ | Information on a non-behaviourist approach to supporting schools re climate for learning. Podcast is excellent (can be found on podcast apps such as "Podcasts"). |
| https://beaconhouse.org.uk/ | Resources re Attachment and developmental trauma for use with school staff, pupils and parents/carers. |
| https://www.mentallyhealthyschools.org.uk/ | The link is for support and information re mentally healthy primary and secondary schools. The website has many other resources that could be helpful to schools. |
| www.youngminds.org.uk | Information and advice for older students, parents/carers and schools on all aspects of mental health. |
| https://touchbase.org.uk/ | Attachment information and services to schools – Louise Bomber's company (see books below) |
| https://www.zonesofregulation.com/learn-more-about-the-zones.html | An example of a tool to teach self-regulation skills to children and young people. This is used widely across West Sussex schools. |
| http://schools.westsussex.gov.uk/Page/10483 | Emotionally Based School Avoidance materials produced by West Sussex Educational Psychologists |
| http://www.reachingfamilies.org.uk/ | Support to parents of children with SEND needs including behaviour |
| https://www.triple-parenting.uk.net/uk-en/triple-p/ | Parenting programme, aspects available online for a cost |
| www.bravehearteducation.co.uk/ | Information and links for carers of adopted children and schools |

| Books |
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| <ul style="list-style-type: none"> • www.hintonpublishers.com - publishers covering many titles re Emotional Health and Well-being • Dix, P (2016) When the Adults Change, Everything Changes. • Bombèr, L.M. (2020) Know Me to Teach Me • Bombèr, L.M. (2011) What About Me?: Inclusive Strategies to Support Pupils with Attachment Difficulties Make it Through the School Day • Bombèr, L.M. (2007) Inside I'm Hurting: Practical Strategies for Supporting Children with Attachment Difficulties in Schools. • Geddes, H (2009) Attachment in the Classroom • Hughes, D.A. (2009) Teenagers and Attachment: Helping Adolescents Engage with Life and Learning |

For additional information and support, contact your LBAT Advisory Teacher