



**An EAQ approved equine assisted learning centre**



## About Us...

At EAQ Grass Roots four facilitators, five horses, five dogs, three sheep and two chickens provide alternative education sessions for children and young people who:

- are not in full time education
- will benefit from a different approach to learning
- just need a different style of support



# Our Offer...

- 1:1 and small group
- Person centred
- Specialist communication techniques to promote self-regulation and social skills
- Experiential learning



# Engagement with parents / commissioners...



We produce reports on a half termly basis to update parents and commissioners on progress and learning.

We aim to attend annual reviews wherever possible, as well as any other relevant meetings.

Parents and commissioners are welcome to attend or observe sessions if required and appropriate.





# Case Study

- R (12 years old) has been out of school for 1 year due to anxiety stemming from a diagnosis of ASD and PDA, and has been unable to manage group social or learning situations. R presents as a selective mute with a history of self harming and eating disorders.
- R started with 1 hour sessions with her mother present and 9 months later, comes for 2 sessions of 5 hours each on her own.
- R previously refused to write in front of adults. R is currently completing a level 1 qualification with OCN in Confidence Caring for Animals which involves her writing independently, annotating pictures, completing worksheets and putting together a portfolio of evidence.
- R takes part in horse agility competitions online where she has to submit videos of her participation with a pony. She has been fully involved with setting up her account, developing her profile page and practicing the courses before deciding which video to submit.
- R now tolerates other learners on site at the same time, occasionally interacts with others by signing and eats and drinks on site. She has also generalised her improved social skills and was recently able to spend a week away with her grandparents for the first time, without her mother.



# Testimonials

'I want to start with Wow WoW WOW, you guys are just awesome!!! so so intuitive with our children and the whole time we spent with you was just fantastic. We are so extremely grateful for making us all feel so welcomed yesterday. The activities were pitched perfectly and your ethos is awesome, so it's a big thumbs up from our kids.' DSdT

'we believe this (equine assisted learning) will be vital as A continues to recover, rebuild her self-esteem, independence and hopefully at some point begin a return to formal education.... Thank you for all you have done working with A over the last few months. She loves spending time at the farm with the animals and talks about all the animals so much at home. It's lovely to see her confidence begin to grow with you and how happy she is around the animals.' Parent

Thank you for all the fantastic work you do with our children, for many of them it is a lifeline and such a positive part of their lives,  
*Autism and Social Communication Team, West Sussex*

'F normally becomes frustrated with artwork and gives up, but these are just amazing and they make my heart burst with pride' Parent





Get in touch...

Fiona House  
07498 551 262  
[fiona@withgrassroots.co.uk](mailto:fiona@withgrassroots.co.uk)

Judith Azzopardi  
07944 055 842  
[judith@withgrassroots.co.uk](mailto:judith@withgrassroots.co.uk)

[www.withgrassroots.co.uk](http://www.withgrassroots.co.uk)



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