

Emotionally resilient
children will engage
with learning



Used as a whole school approach, Thrive[®] can support every child

Thrive is a specific way of working with children and young people that supports healthy social and emotional development. Confident, curious, creative and capable children and young people are more open to learning and better equipped to deal with life's ups and downs. The Thrive Approach has consistently shown a positive impact on resilience and wellbeing that can, in turn, lead to improved achievement.

Evolving over the last 25 plus years, the architects of Thrive drew from observation, experience and extensive research into child development. They identified the underlying social and emotional needs being signalled by children and young people's differing and sometimes troubling behaviour. More recently Thrive has been informed by established neuroscience, which reaffirms the Approach for both right-time and reparative developments.

Thrive-Online[™], the assessment, action-planning and progress monitoring tool, underpins the Thrive Approach, ensuring all your staff are able to provide targeted support for every child and young person.



Thrive-Online is a unique system for screening, action-planning and monitoring

Thrive-Online enables your staff to clearly and systematically identify the social and emotional development needs of children and young people in your setting.

Through an intuitive and easy-to-use interface, Thrive-Online will help your staff to:

- Identify social and emotional development needs by screening individual children and groups
- Select suitable activities for groups of children that fit with your curriculum plans and support age appropriate development
- Create action plans for individual children to help them make up for any gaps or interruptions in their social and emotional learning
- Chart the progress of both individuals and groups over time.

The system can be used to report progress at child, group, whole-school and multi-school level. These reports can also be used in conjunction with typical school attainment measures to evidence the difference Thrive is making within your setting.



Evidence

Children who are emotionally resilient
are better able to fulfil their potential

There are three key pieces of evidence which show the impact of Thrive

1. Thrive closes the gap for vulnerable children across a range of measures including attainment, behaviour, relationships, self-confidence and attendance.

Rose, McGuire-Snieckus, Wood (2015). *Independent Impact Report*. Bath: Bath Spa University

2. Thrive helps to develop resilience in young people.

Hart A, Heaver B (2015). *Resilience Approaches to Supporting Young People's Mental Health: Appraising the Evidence Base for Schools and Communities*. Brighton: University of Brighton/Boingboing

3. Staff using the Thrive Approach feel more equipped to manage behaviour and better able to support more vulnerable children.

Office for Public Management (2013). *Therapeutic early interventions to prevent school exclusion and truancy: evaluation of three contemporaneous projects*. London: Office for Public Management



What difference does it make?

The Department for Education is currently promoting a whole school approach to managing mental health and behaviour in schools. They have included Thrive as an initiative that supports and promotes positive mental health, for example in the mental health and wellbeing provision in school guidance.

Department for Education (2018). *Mental Health and wellbeing provision in schools, October 2018*. London: Department for Education. Available at: www.gov.uk/government/publications/mental-health-and-wellbeing-provision-in-schools Accessed 17 December 2018

Research commissioned by Thrive into the potential social return on investment indicated that for every £1 spent the short-term return was £9, rising to £16-22 over the longer term.

Courtney P (2013). *Thrive: A Forecast Social Return on Investment (SROI)*. Exeter: White Sail Consultancy



Impact

Show the impact of your spending by providing hard data to local authorities and other bodies

Craig Prichard, Head Teacher at Penywaun Primary School in Wales, shares the benefits of Thrive-Online

Being able to assess and monitor the progress of individual children and whole classes through Thrive-Online has been invaluable.

I'm currently tracking our children who have had individual Thrive support and comparing their attainment to the rest of the class. So far, we're seeing that the children who have had Thrive are actually overtaking their peers. I know it is Thrive making the difference as it is the only thing that these children have that is different. When I get data like that, it excites me! This is the proof that Thrive is working.



Who uses Thrive?

The Thrive Approach is now accessible to approximately 400,000 children and young people in the UK. Training is appropriate for anyone with a supportive and positive relationship with children, including parents and carers, and staff in:

- Education
- Social care
- Healthcare
- Early Years' organisations
- Community groups and social enterprises
- Local authorities
- Looked after children and family services

What do courses involve?

Thrive courses involve a variety of teaching methods including teacher-led discussions, experiential and collaborative learning, practical workshops, role play and online activities.



Funding

Ways to help you fund Thrive

Funding is often available to support the adoption of Thrive throughout your school or MAT

The Pupil Premium Grant (PPG) is additional funding to support disadvantaged students, and those with parents in the regular armed forces, of all abilities perform better. It is for closing the gap between them and their peers.

The PPG for just four pupils will fund training and online resources to support all other PPG pupils in your school for a year.* Just one PPG each subsequent year will then maintain in-house capacity to support these children across the school.

*Based on Pupil Premium Grant figures 2017/18 for pupils in reception to year 6 recorded as Ever 6 FSM and a school size of 250 pupils.



Future in Mind

Clinical commissioning groups and local authorities can access Future in Mind funding to pay for improvements to children and young people's mental health. There are regional and local funds also available through charitable trusts, local authorities and clinical commissioning groups.

Crowd Funding provides another route for raising funds from people and businesses willing to support their local school and their community.

Thrive packages for MATs and Consortia

There are many routes to adopting Thrive for your school. We have a number of different packages to suit the needs of schools, multi-academy trusts and school consortia.

To find out more about how Thrive can help your setting and the detail of what's involved, please contact us on **01392 797555** or email **enquiries@thriveapproach.com**



Next steps

Find out more about Thrive and how you can help change lives at thriveapproach.com or email enquiries@thriveapproach.com or call the Thrive team direct on **01392 797555**

