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| **Book and Author** | **Focus Areas** |
| Simon vs the Homo Sapiens Agenda,  by Becky Albertalli | LGBTQ, peer pressure, secrets, identity |
| Girls in Love,  by Jacqueline Wilson | Friendship, healthy relationships, managing teenage dilemmas |
| Girls in tears,  by Jacqueline Wilson | Supportive relationships/ friendships |
| Sticks and stones,  by Aby Cooper | Year 7 Transition, Friendships, support, bullying |
| Clap when you land  by Elizabeth Acevedo | Parental/ close family member bereavement |
| Looking after your mental health | Non-fiction, guide to strategies and understanding |
| Boys don’t cry  By Malorie Blackman | Actions can have long term consequences, boys maturity and responsibility, breaking down stereotypes |
| To all the boys I have loved before, Jenny Han | Sharing Online, cyber bullying/ safety, emotional impact |
| Leah on the Off Beat  by Becky Albertalli | LGBTQ, coming out, Identity, friendship and relationship dilemmas, transition from Year 11 |
| Angus Thongs and full-frontal snogging  by Louise Rennison | Teen girls resilience |
| The Unpredictability of being Human by Linni Ingemundsen | Unsettled home life, friendship support and understanding life is not perfect |
| Freak the mighty  by Rodman Philbrick | Inclusion, accepting and embracing difference |
| Pig Heart Boy  by Malorie Blackman | Overcoming adversity, medical |
| There is a boy in the girls bathroom by Louis Sachar | Changing reputations, living up to disruptive boy stereotypes, self-belief |
| The Bubble Boy  by Steward Foster | Empathy, resilience and perspective |
| My hidden chimp  by Professor Steve Peters | Understanding the brain in relation to behaviour and feelings |
| All about feelings- Usborne | Introduction to emotional vocabulary |
| 45 pounds (more or less), KB | Body confidence |
| Little Meerkats big panic | Understanding physical feeling in relation to anxiety, understanding the brain, anxiety strategies |